

**Prescription of post-operative wound care**  
Nursing care (CLSC for Qc resident) / Extra-hospital

Date of surgery: \_\_\_\_/\_\_\_\_/\_\_\_\_

- Total hip prosthesis
- Total knee prosthesis                       Bilateral   Right  Left
- Unicompartmental knee prosthesis

- Skin closure with**
- Melting point and glue
- Melting point and "Prinéo" strip
- Metal staples



**1- Visit the patient at home or provide point-of-care care**

**2- Dressing change to be done only if:**

- Soiled more than 50% or if the film loses its adhesion.
- Then remove the dressing
- Clean wound with saline or "Hibitane" (Chlorhexidine) solution
- Apply a new "Visible Opsite Blister" dressing **or equivalent**.

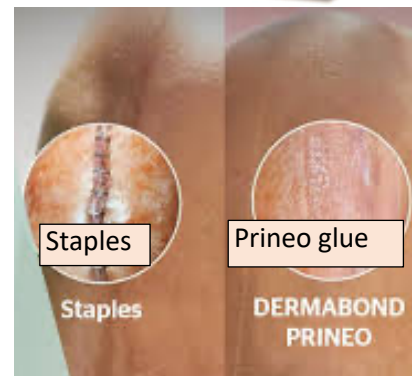


**3- Final removal of the dressing**

If melting stitches with glue or "Prinéo" tape: 10-12 days post surgery

If the "Prinéo" band is very sticky, apply *Vaseline* or moisturizer along the entire length of the band. Remove the band gently by pulling the corner of the band from top to bottom. It may tear a little and you may remove some dry skin. Don't worry.

If metal staples:                      Remove dressing and staples  
PTH: 8-10 days post surgery  
PTG : 10-12 days post surgery



**Important**

- Showering is allowed at any time if the dressing is waterproof.
- The patient may wet the wound directly after dressing removal unless:
  - Staples: wait 2-3 days for staple holes to heal
- **If there is still a discharge from the wound more than 8 days after the surgery or if there are signs of infection, you must notify us: 450 663-3901.** (Please be sure to listen to the instructions for transferring calls if you are calling after hours, in the evening or on weekends).
- **Never use a wick under any circumstances.**

---

\_\_\_\_\_  
Physician/Prescriber Signature

\_\_\_\_\_  
Permit #

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date YY/MM/DD

\_\_\_\_\_  
Time

---